



A Day in the Life: Daily Hygiene Protocols to Prevent COVID-19



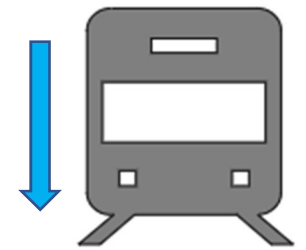
Prior to Leaving Home...



Self-monitor for COVID-19 symptoms.
If sick, stay home.



Wear a face-covering at all times during your commute to campus.



Wear task-specific Personal Protective Equipment (PPE) when working in the laboratory. Refer to your LATCH for PPE requirements.



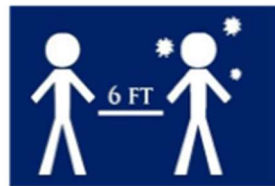
Before eating and drinking, wash/sanitize hands. Remove your face-mask without touching the outside and keep it in a bag. Wash/sanitize hands after eating and don your face -mask.



Wash hands with soap and water for 20 seconds or use hand sanitizer (min. 60% alcohol) if soap and water are unavailable. Clean your workstation, re-wash hands. Remove face-covering (store in a bag) and replace with a surgical face-mask for work in a lab.



Clean and disinfect common areas and "high touch" surfaces throughout the day, as needed. Disinfect shared equipment after each use.



Maintain safe physical distancing (6 feet apart).



Continue monitoring symptoms. Remove your face-mask along with other PPE; wash hands and don a face-covering for home.

Upon Arriving @ your Research Lab...



Before Departing for Home...



Arriving @ Home



Wash hands with soap and water for 20 seconds upon arriving home. Safely remove and launder (hand wash) your cloth face covering and store.



Wear a face-covering at all times during your commute to home.

