



A Day in the Life: Daily Hygiene Protocols to Prevent COVID-19



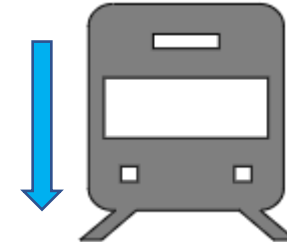
Prior to Leaving Home...



Self-monitor for COVID-19 symptoms.
If sick, stay home.



Wear a face-covering at all times during your commute to campus.



Wash hands with soap and water for 20 seconds, before and after using a restroom.



Before eating and drinking, wash/sanitize hands.
Remove your face-covering without touching the outside and keep it in a bag.
Wash/sanitize hands after eating and replace your face covering.

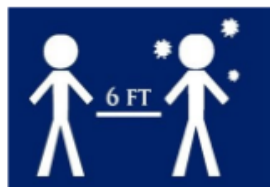


Wash hands with soap and water for 20 seconds. Clean your workstation, re-wash hands. Use hand sanitizer (min. 60% alcohol) if soap and water are unavailable.

Upon Arriving @ your Workplace...



Clean and disinfect common areas and "high touch" surfaces throughout the day, as needed. Disinfect shared equipment after each use.



Maintain safe physical distancing (6 feet) whenever possible.



Continue monitoring symptoms and wearing a face covering.

Before Departing for Home...



Arriving @ Home



Wash hands with soap and water for 20 seconds after arriving home. Safely remove and launder (hand wash) your cloth face covering, and store.



Wear a face-covering at all times during your commute to home.

