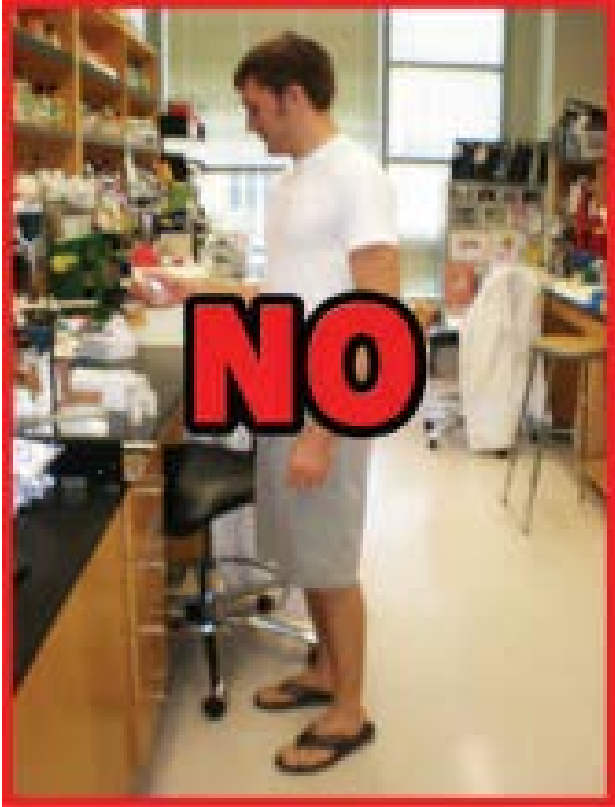


Dress for Success in the Laboratory

Appropriate Work Attire and PPE



Yes
Long pants
Closed toe shoes
+
Lab Coat
Gloves
Eye Protection



No
Shorts
Sandals/
Flip Flops



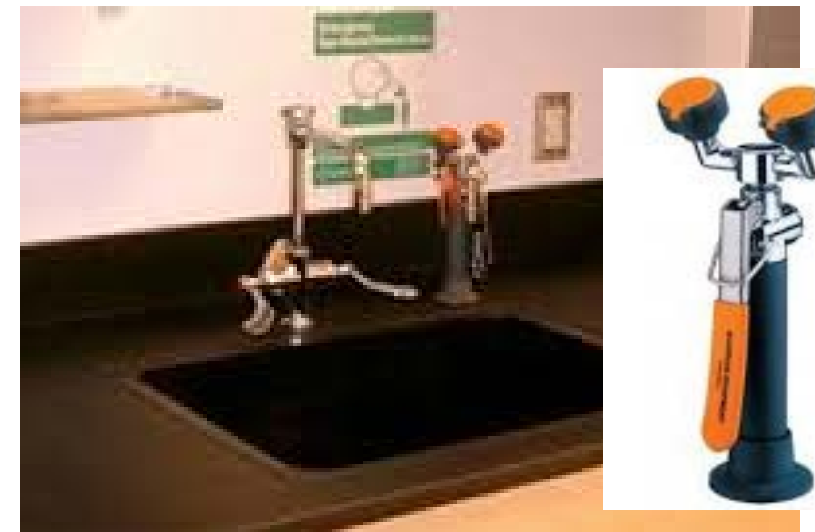
Hot Tip: keep a set of lab appropriate clothes and shoes to change into after arriving to work!

<https://research.columbia.edu/content/personal-protective-equipment-ppe>

Activate Your Eyewash Weekly

To ensure clean water availability and proper function in emergency situations, check your eyewash weekly!

(Facilities checks showers)



No Eating and Drinking in the Laboratory

Don't introduce another variable into your experiment.

Prevent self-contamination.

Keep food and drink outside of the laboratory.



Fume Hoods Function Best When Clean and Clear

Ensure that your fume hood is:

- ✓ Free of clutter
- ✓ Not used as permanent storage –
Request a Hazardous Waste Pickup:
<http://vesta.cumc.columbia.edu/ehs/wastepickup/>



Lock Up Your Controlled Substances!

- Ketamine, Buprenorphine, and/or other Controlled Substances stored in a drawer or on the bench is considered **UNSECURED**.
- Stock & aliquots belong in the Lockbox/Safe when not in use.



Research Begins with Safety

&

Ends with Safety

Any Questions, Concerns, Comments About
Occupational Health and Safety?

Contact EH&S!

labsafety@columbia.edu

ehs.columbia.edu