Fit Test Instructions

NO Smoking, Drinking, Eating, Chewing Gum/Mint/Candy, Or Brushing Teeth

15-30 minutes prior to fit test appointment!

The test shall not be conducted if there is any hair growth between the skin and the face piece sealing surface, such as stubble beard growth, beard, mustache, or sideburns which cross the respirator sealing surface. Any type of apparel that interferes with a satisfactory fit shall have be altered or removed for fit test. For reference review the CDC/NIOSH diagram below.