



**COLUMBIA UNIVERSITY**  
**ENVIRONMENTAL HEALTH & SAFETY**  
**SAFETY TRAINING SCHEDULE**



## Morningside

Environmental Health & Safety (EH&S) offers monthly safety classroom training sessions as required for laboratory personnel. Individuals who have not yet received the initial training are asked to attend. Lab personnel requiring refresher training have the option of attending a classroom session or going on-line which includes a post-test administered by RASCAL @ <https://www.rascal.columbia.edu>. **Please note unless indicated you do not need to sign up or register for a safety training course.**

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\* Refresher training is available web based via RASCAL@ <http://www.rascal.columbia.edu>

### Laboratory Safety/Chemical Hygiene/Hazardous Waste Training

University personnel working with chemicals must attend an initial training session and refresher\* training every two years thereafter. University personnel responsible for hazardous chemical waste generation, storage and disposal may alternatively call EH&S at 854-8749 to schedule a customized training session.

Date	Time	Location
August 17, 2018	1:00 PM - 2:45PM	Havemeyer 209
September 21, 2018		Havemeyer 209
October 19, 2018		Havemeyer 209
November 16, 2018		Havemeyer 309
December 21, 2018		Havemeyer 209

### Bloodborne Pathogen & Biosafety Training

Laboratory staff working with microorganisms (including recombinant DNA work) and any unfixed human or animal tissue must attend an initial training session and annual refresher\* training thereafter.

Date	Time	Location
August 17, 2018	2:45 PM - 3:45 PM	Havemeyer 209
September 21, 2018		Havemeyer 209
October 19, 2018		Havemeyer 209
November 16, 2018		Havemeyer 309
December 21, 2018		Havemeyer 209

## Ergonomics Workshop

EH&S hosts monthly ergonomic workshops designed to offer tips and techniques to avoid work-related musculoskeletal disorders (WMSDs) and to make your workplace more ergonomically fit. While EH&S does provide ergonomic tips, we do not provide or prescribe any specific ergonomic equipment or endorse any specific product or manufacturer of such products. The Purchasing Department has approved vendors on their website who provide ergonomically designed products like, chairs, mouse, footrests, keyboards, document holders, etc. The decision to purchase ergonomically designed equipment should be made between the individual and their supervisor/departmental administrator.

To schedule an Ergonomic Workshop for your office or department, please reach out to [safetytraining@columbia.edu](mailto:safetytraining@columbia.edu). Personalized workstation ergonomic assessments may also be scheduled upon request either through your department, Human Resources, or directly by interested individuals. To schedule an assessment or for any questions regarding ergonomics, please reach out to [occsafety@columbia.edu](mailto:occsafety@columbia.edu) or EH&S by phone at (212) 305 – 6780.

## Certificate of Fitness (COF) Holder Training

[Click this link for requirements, application, and study materials](#)

**At CUMC – COF (C-14) training is offered onsite the 1st and 3rd Wednesday of the month.**

**At Morningside - COF (C-14) training is offered onsite the 2nd and 4th Friday of the month.**

Date	Time	Location
August 10, 2018	12:00 PM - 1:30 PM	Pupin 414
August 24, 2018	12:00 PM - 1:30 PM	Pupin 414
September 14, 2018	12:00 PM - 1:30 PM	Havemeyer Room 320
September 28, 2018	12:00 PM - 1:30 PM	
October 12, 2018	12:00 PM - 1:30 PM	
October 26, 2018	9:30 AM - 11:00 AM	
November 9, 2018	12:00 PM - 1:30 PM	
November 30, 2018	12:00 PM - 1:30 PM	
December 14, 2018	12:00 PM - 1:30 PM	
December 28, 2018	12:00 PM - 1:30 PM	

**Any group with more than 6 people can schedule a COF (C-14) training by contacting [fire-life@columbia.edu](mailto:fire-life@columbia.edu).**

## Radiation Safety Training Non-Human Use (RADIONUCLIDE/RESEARCH LABORATORY EMPLOYEES)

Initial Training **NOT** for Refreshers

All refresher trainings must be completed **\*annually\*** by logging into [www.rascal.columbia.edu](http://www.rascal.columbia.edu) and completing TC3300: Radiation Safety Refresher Training for Research Principal Investigators and Lab Managers or TC3350: Annual Radiation Safety Refresher Training for Users of Radioactive Materials.

Date	Time	Location
August 21, 2018	9:30 AM - 12:00 PM	419 W 119th St, EH&S conf. room
September 18, 2018		
October 16, 2018		
November 20, 2018		
December 18, 2018		

## Laser Safety Training

Laboratory staff working with laser must attend an initial training session. Annual refresher\* training will be offered.

Date	Time	Location
October 2, 2018	11:30 AM - 12:30 PM	419 W 119th St, EH&S conf. room
December 11, 2018		

## Safe Use of Formaldehyde Training

Effective immediately, Columbia University will no longer require annual Formaldehyde Safety training for **individuals working with formaldehyde inside a certified chemical fume hood or for those working with formaldehyde in quantities less than 0.1 mL on laboratory bench tops.** If you are working with quantities greater than 0.1 mL please contact EH&S at [occsafety@columbia.edu](mailto:occsafety@columbia.edu)