



COLUMBIA UNIVERSITY
ENVIRONMENTAL HEALTH & SAFETY
SAFETY TRAINING SCHEDULE



Morningside

Environmental Health & Safety (EH&S) offers monthly safety classroom training sessions as required for laboratory personnel. Individuals who have not yet received the initial training are asked to attend. Lab personnel requiring refresher training have the option of attending a classroom session or going on-line which includes a post-test administered by RASCAL @ <https://www.rascal.columbia.edu>. **Please note unless indicated you do not need to sign up or register for a safety training course.**

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* Refresher training is available web based via RASCAL@ <http://www.rascal.columbia.edu>

Laboratory Safety/Chemical Hygiene/Hazardous Waste Training

University personnel working with chemicals must attend an initial training session and refresher* training every two years thereafter. University personnel responsible for hazardous chemical waste generation, storage and disposal may alternatively call EH&S at 854-8749 to schedule a customized training session.

Date	Time	Location
January 18, 2019	1:00 PM - 2:45PM	Math 312
February 15, 2019		Havemeyer 209
March 15, 2019		Havemeyer 209
April 19, 2019		Havemeyer 209
May 17, 2019		Havemeyer 209

Bloodborne Pathogen & Biosafety Training

Laboratory staff working with microorganisms (including recombinant DNA work) and any unfixed human or animal tissue must attend an initial training session and annual refresher* training thereafter.

Date	Time	Location
January 18, 2019	2:45 PM - 3:45 PM	419 W 119th St, EH&S conf. room
February 15, 2019		
March 15, 2019		
April 19, 2019		
May 21, 2019		

Ergonomics Workshop

EH&S hosts monthly ergonomic workshops designed to offer tips and techniques to avoid work-related musculoskeletal disorders (WMSDs) and to make your workplace more ergonomically fit. While EH&S does provide ergonomic tips, we do not provide or prescribe any specific ergonomic equipment or endorse any specific product or manufacturer of such products. The Purchasing Department has approved vendors on their website who provide ergonomically designed products like, chairs, mouse, footrests, keyboards, document holders, etc. The decision to purchase ergonomically designed equipment should be made between the individual and their supervisor/departmental administrator.

To schedule an Ergonomic Workshop for your office or department, please reach out to safetytraining@columbia.edu. Personalized workstation ergonomic assessments may also be scheduled upon request either through your department, Human Resources, or directly by interested individuals. To schedule an assessment or for any questions regarding ergonomics, please reach out to occsafety@columbia.edu or EH&S by phone at (212) 305 – 6780.

Certificate of Fitness (COF) Holder Training

[Click this link for requirements, application, and study materials](#)

**At CUMC – COF (C-14) training is offered onsite the 1st and 3rd Wednesday of the month.
At Morningside - COF (C-14) training is offered onsite the 2nd and 4th Friday of the month.**

Date	Time	Location
January 11, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
January 25, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
February 8, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
February 22, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
March 8, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
March 22, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
April 12, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
April 26, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
May 10, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320
May 24, 2019	12:00 PM - 1:30 PM	Havemeyer Room 320

Any group with more than 6 people can schedule a COF (C-14) training by contacting fire-life@columbia.edu.

Radiation Safety Training Non-Human Use (RADIONUCLIDE/RESEARCH LABORATORY EMPLOYEES)

Initial Training ***NOT*** for Refreshers

All refresher trainings must be completed ***annually*** by logging into www.rascal.columbia.edu and completing TC3300: Radiation Safety Refresher Training for Research Principal Investigators and Lab Managers or TC3350: Annual Radiation Safety Refresher Training for Users of Radioactive Materials.

Date	Time	Location
January 15, 2019	9:30 AM - 12:30 PM	419 W 119th St, EH&S conf. room
February 19, 2019		
March 19, 2019		
April 16, 2019		
May 21, 2019		

Laser Safety Training

Laboratory staff working with laser must attend an initial training session. Annual refresher* training will be offered.

Date	Time	Location
February 5, 2019	11:30 AM - 12:30 PM	419 W 119th St, EH&S conf. room
April 2, 2019		

Safe Use of Formaldehyde Training

Effective immediately, Columbia University will no longer require annual Formaldehyde Safety training for **individuals working with formaldehyde inside a certified chemical fume hood or for those working with formaldehyde in quantities less than 0.1 mL on laboratory bench tops**. If you are working with quantities greater than 0.1 mL please contact EH&S at occsafety@columbia.edu