

## **Resources for Columbia University Postdocs**

### Policies:

- Postdoctoral Officers Handbook produced by OPA every other year:  
[http://postdocs.columbia.edu/includes/2013\\_Postdoctoral\\_Officers\\_Handbook\\_edited.pdf](http://postdocs.columbia.edu/includes/2013_Postdoctoral_Officers_Handbook_edited.pdf)
- Policy information related to appointments, reappointments, terminations, grievances, and compensation for postdocs can be found in the Faculty handbook, under the section on Officers of Research:  
<http://www.columbia.edu/cu/vpaa/handbook/research.html>

### Housing:

- For Morningside Postdocs (on-campus housing): [www.columbia.edu/cu/ire/postdoc.html](http://www.columbia.edu/cu/ire/postdoc.html)
- For CUMC Postdocs (on-campus housing): [www.cumc-housing.columbia.edu](http://www.cumc-housing.columbia.edu)
- Off-Campus Housing Assistance: <http://facilities.columbia.edu/housing/intro-ocha-3>
- Housing resources: <http://postdocs.columbia.edu/housing.html>

### Benefits/Compensation:

- OPA Overview on benefits: <http://postdocs.columbia.edu/compensation.html>
- HR Benefits: <http://hr.columbia.edu/find-out-about/benefits/benefits-officers>
- 2015 HR health benefit enrollment form for fellows: <http://hr.columbia.edu/sites/default/files/document-files/2015/02/05/2015-postdoctoral-benefits-form.pdf>
- Student Health Benefit enrollment form for CUMC fellows (option is only available to CUMC fellows):  
<http://www.cumc.columbia.edu/student/health/2015/2014-15%20Post%20Doc%20-%20CUMC%20SHS%20Ins%20%20Enroll%20Form.pdf>
- Postdoc salary ranges: [http://www.columbia.edu/cu/vpaa/docs/MS\\_CUMC\\_rssal14.html](http://www.columbia.edu/cu/vpaa/docs/MS_CUMC_rssal14.html)

### Research:

- Executive Vice President of Research (EVPR) Office: <http://evpr.columbia.edu/>
- EVPR Offices: <http://evpr.columbia.edu/content/quick-guide-research>
- Research Trainings: <http://www.columbia.edu/cu/compliance/docs/training/index.html>

### Funding (Grants/Fellowships):

- List of funding opportunities: <http://postdocs.columbia.edu/funding.html>
- Sponsored Projects Administration Office: <http://spa.columbia.edu/>
- Office of Research Initiatives: <http://researchinitiatives.columbia.edu/>

### Career and Professional Development:

- OPA (general): <http://postdocs.columbia.edu/careerdevelopment.html>
- OPA (Spring 2015 Programming):  
<http://postdocs.columbia.edu/documents/OPAProgrammingSpring2015.pdf>

## **Resources for Columbia University Postdocs (Continued)**

### Work/Life:

- Office of Work/Life: <http://worklife.columbia.edu/>
- Discounts on travel, shopping, and services (e.g. cell phone plans): [www.workingadvantage.com](http://www.workingadvantage.com) ; Columbia's Corporate ID is 99042065
- Discount tickets via Columbia University Arts Initiative (CUARTS): [www.cuarts.com](http://www.cuarts.com)
- Discounts on gym memberships, bike purchases, prenatal classes: <http://hr.columbia.edu/wac/resources/purchasing#discounts>

### Ombuds Office (confidential workplace conflict resolution discussions):

- Ombuds Office: <http://www.columbia.edu/cu/ombuds/>

### Employee Assistance Program (free counseling service):

- Employee Assistance Program: <http://worklife.columbia.edu/employee-assistance-program>

### Offices for Postdocs on Visas:

- International Student and Scholar Office (ISSO; Morningside): <http://www.columbia.edu/cu/isso/>
- International Affairs Office (IAO; CUMC): <http://cumc.columbia.edu/faculty/international-affairs>

### Postdoctoral Support on Lamont Campus:

- Through Academic Affairs Office: <http://www.ldeo.columbia.edu/ldeo/dir/academic-affairs-diversity/postdoc.html>

### Responsible Conduct of Research:

- Online course for NSF funded researchers: [http://www.columbia.edu/cu/compliance/docs/training/Responsible\\_Conduct\\_of\\_Research/RCR\\_training\\_options.html](http://www.columbia.edu/cu/compliance/docs/training/Responsible_Conduct_of_Research/RCR_training_options.html)
- In person course for NIH funded researcher: <http://www.researchethics.cumc.columbia.edu/>

### Technology Transfer Office (patents, MTAs, consulting agreements):

- Columbia Technology Transfer Office (CTV): <http://www.techventures.columbia.edu/>